



CTP Alumni Association

Graduate Professional Development Forum

Fall 2010

The Graduate Professional Development Forum is a series of presentations led by CTP graduates and invited presenters at The Centre, 316 Dupont Street. There is a non-member fee of \$10 for each presentation. Contact: Leah Lucas at 416 654 6179 leah.lucas@sympatico.ca

Trauma and DID: The Impact of Trauma

Friday, September 24, 2010 7:00 – 9:00 p.m.

This talk will have the impact of trauma as the central theme. It will include information on treatment that is state of the art and will include possible diagnostic perspectives. It is meant to provide a basic understanding of trauma and DID (Dissociative Identity Disorder). It is intended to be useful to therapy students and therapists new to the treatment of trauma as well as to experienced therapists. I will focus on the large body of knowledge available and how to access it.

I hope as many people as possible will attend. It will be my first talk and if there is interest I look forward to many more. I am very excited to present a summary of what I have learned from prominent clinicians from all over the world. There is much to learn and some of us have been lucky enough to have made a significant start. I hope this will be the beginning of a renewed interest in trauma and DID.

The talk will provide information that will be new to everyone who attends.

Ann Beckett (CTP 1993) trained and worked as a nurse for 15 years mainly working in ICU and Burn Units. In 1983 she also studied shiatsu therapy for a year at Kikkawa College.

Since beginning her work in psychotherapy she has spent most of her training time studying trauma and dissociation and especially the study of DID. To begin this study, she spent a weekend at a conference in Ottawa with Dr. Dan Brown on DID and a year later traveled back to Ottawa for a two day conference with Dr. Ellert Nijenhuis also on DID. Next she traveled to Philadelphia for an International Society for the Study of Trauma and Dissociation (ISSTD) conference on chronic trauma, then later on to Amsterdam for the first conference put on the European Society for Trauma and Dissociation (ESTD) and most recently to Belfast for the second ESTD conference on the treatment of DID.

Ann has completed Level I and Level II training in the study of acute and developmental trauma through The Sensorimotor Psychotherapy Institute. She's also completed level I dealing with trauma and dissociation through the ISSTD at Mt. Sinai Hospital with Dr. Claire Pain and Dr. Christine Dunbar and just finished an online course Level II course dealing with the treatment of trauma and DID, taught by teachers from North America and Israel.

Ann is a member of ISSTD and its blog that focuses on the study and treatment of trauma and DID and another blog that is focused on the study of ritual abuse and treatments. As a member of the alumni of the The Sensorimotor Psychotherapy Institute, Ann has access to video information in continuing education. Currently, this fall Ann will study online once a month with Dr. Janina Fischer, a faculty member of the Sensorimotor Psychotherapy Institute.



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Roundtable on Group Therapy

Friday, October 29, 2010 7:00 – 9:00 p.m.

Group therapy is an integral part of CTP training. As alumni and students we have a wealth of collective experience (the positive and the not so positive) to share with each other and the wider therapeutic community about how group therapy has shaped us as psychotherapists. Many of us have clients who are or have been in group; others of us may find ourselves asking if group could benefit this particular client; still others may simply wonder what it is like sitting in “the big chair.” Join with several members of the alumni who have taken the leap into becoming group therapists as we share with you our experiences and insights, and invite you to share your own thoughts, experience and curiosity about this profoundly dynamic form of therapy.

*Our Panel of Group Therapists: **Frank Cherry, Kim Herbener, Leah Lucas, David Westbrook, John Neumin and Mary-Ellen Young.***

What Disturbs Our Blood: An Evening with Author James FitzGerald

Friday, November 26, 2010 7:00 – 9:00 p.m.

Last spring, James FitzGerald’s memoir, “What Disturbs Our Blood: A Son’s Quest to Redeem the Past”, was published by Random House Canada to wide acclaim. The *National Post* called it “a banshee of a book”; the *Globe and Mail* declared it “a memoir of extraordinary power and candour...as riveting as a crime thriller.”

Part autobiography, part social and medical history, part therapeutic journey, James takes the reader on a multi-generational odyssey of epochal achievements, ironic twists, a family curse, and a dark secret to be unraveled. The story hinges on his search for his mysterious grandfather of Irish blood who, over a century ago, began his driven career as a psychiatrist and colleague of Ernest Jones at the infamous 999 Queen Street Lunatic Asylum.

The evening will be structured like a book club meeting; ideally, audience members will have read the book in advance. After a reading and short talk, James will welcome comments and questions. Suggested points of discussion: the relationship of memoir or “confessional” literature to the therapeutic process; media perceptions of the practice of psychotherapy; and the use of dreams in storytelling.

James FitzGerald is a Toronto-based journalist and author and a veteran of many years of individual and group therapy. His first book, “Old Boys: The Powerful Legacy of Upper Canada College” (MWR 1994), was a controversial inside look at the attitudes and mores of Canada’s ruling class. Revelations of the sexual abuse of boys at the school, first published in the book, sparked the conviction of three former teachers and a successful multi-million dollar class action suit against UCC in 2002.

Further information: <http://www.jamesfitzgerald.ca/>