

CTP FREQUENTLY ASKED QUESTIONS

1. Are there any academic admission requirements to the CTP program?

Although the academic program at the CTP is at university level in terms of academic challenge, there are no academic admission requirements. Many students do have post secondary education. Some do not. Most have extensive life experience. The only essential prerequisite to apply to CTP is that an applicant have a minimum of eighty hours of personal psychodynamic psychotherapy, forty hours of which must be with one psychotherapist.

2. What do graduates of the program usually go on to do?

A graduate of the program would expect to work as a therapist in private practice as a selfemployed professional. This would entail the usual effort and energy expended as a selfemployed person building a practice. A few have found work in agencies, but these usually require university degrees.

3. What are CTP graduates qualified to do?

CTP graduates are qualified to work in Ontario as psychotherapists in private practice or in other provinces subject to prevailing regulations. They are prepared to work with adult individuals in psychodynamic psychotherapy. Preparation for work with children, adolescents, groups, couples and families would be available through training programs other than that offered at CTP.

4. Is CTP accredited by any universities or colleges?

The Centre for Training in Psychotherapy is a certified educational institution registered with the Federal Ministry of Human Resources. It is an independent institute not affiliated with a university or college. Recognition of the training received at CTP would be at the discretion of the individual university or college in question.

5. I understand that admission to CTP requires eighty hours of personal psychotherapy. Must this be individual psychotherapy, or can it include group psychotherapy?

This must be eighty hours of individual psychodynamic psychotherapy, forty hours of which must be with the same psychotherapist. Since psychotherapy with individuals is the training provided at CTP, a student's personal experience must also be with individual psychotherapy. In addition to the eighty hours prerequisite for admission, students in training at CTP are expected to continue their own weekly individual psychotherapy for the duration of their training at CTP.

6. Does CTP offer any information sessions or orientations for prospective students?

Applicants who fulfill the prerequisite may call the school for an initial information interview. After they have had their initial interview, they can request to attend a lecture at CTP to get a sense of the program. At the lecture they are encouraged to meet faculty and students at the break and to ask questions. If they wish to attend further lectures as a casual auditor, they may apply to do so.

7. What are CTP's tuition fees?

Currently fees can range from \$2,000 - \$6,000 annually, depending on the courses selected. For full information on fees, please call the Assistant Registrar at 416-964-3690 or send an email by clicking on the CONTACT THE CTP link on the Navigation bar (grey column on the left).

8. Does a student attending CTP have OSAP assistance or other sources of financial assistance?

Currently, OSAP is not available to CTP students. Some students on their own initiative have obtained financial assistance from their workplace through educational assistance programs or from other sponsors.

9. With whom is it recommended that we undergo psychotherapy? What approach and qualifications should the psychotherapist have?

The relationship with the psychotherapist is of great importance to the therapeutic work and it is therefore essential that you experience psychotherapy with the psychotherapist of your choice. Since CTP offers a psychodynamic training, we have found that it is necessary for the student to have experience in a psychodynamic therapy. If you would like help in finding a suitable psychotherapist, the faculty would be happy to give you a referral.

10. How can I get further information about the training program at CTP?

After you have read the [CTP brochure](#), you are welcome to call the Assistant Registrar at 416-964-3690 for information on how to apply, tuition fees and any questions you might have.